



Indus Hospital & Health Network

Sustainable Development Goals (SDG) Report 2025



Advancing Global Healthcare Equity

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Executive Summary



Indus Hospital & Health Network (IHHN) is at the forefront of aligning healthcare with the United Nations' Sustainable Development Goals (SDGs). Through its commitment to providing free, high-quality healthcare, IHHN is tackling some of the world's most pressing challenges, such as poverty, hunger, gender equality, and climate action.

By implementing innovative healthcare models, fostering strategic partnerships, and expanding its outreach, IHHN is ensuring that sustainable and equitable healthcare remains accessible to all.

This report highlights IHHN's contributions to key SDGs, detailing its impact, and milestones.

SUSTAINABLE DEVELOPMENT GOALS



Healthcare's Role in Sustainable Development

Access to quality healthcare is a fundamental pillar of sustainable development. IHHN's mission to provide free medical care aligns with the global agenda to eliminate inequalities, reduce poverty, and improve overall well-being.



Unfortunately, many individuals and communities continue to face significant barriers in accessing quality healthcare, exacerbating existing health disparities. This report outlines how IHHN's programs support multiple SDGs, ensuring long-term societal transformation.

Indus Hospital and Health Network's **Contribution to the SDGs**





SDG 1

No Poverty

IHHN has established a sustainable, donor-driven healthcare model to ensure medical access for all, irrespective of financial constraints. By leveraging endowment funds, corporate partnerships, and extensive fundraising campaigns such as the annual Ramadan campaign, IHHN sustains its mission to serve vulnerable communities.



15.5 million

outpatient cases
treated to date



13.1 million

inpatient cases
treated to date

Free healthcare eliminates financial barriers for vulnerable communities





SDG 2

Zero Hunger

IHHN's nutritional programs target malnutrition in vulnerable communities, particularly women and children, through the Nourish Mom initiative, which provides essential supplements and balanced meals.



**4,083
households**

have been
screened for Nutrition



5,675 Children

Screened for
malnutrition this
year

Nourish Mom Program provides balanced meals and supplements





SDG 3

Good Health & Well-Being

IHHN's patient-centered approach focuses on comprehensive healthcare services:



Childhood cancer treatment

is a completely free-of-cost service for pediatric oncology



Primary & preventive healthcare

through telemedicine and rural outreach



Maternal and neonatal care

to reduce maternal mortality rates



Specialized rehabilitation services

for trauma patients



100,000+
telehealth
beneficiaries



500,000+
patients served
annually





SDG 4

Quality Education

IHHN fosters educational opportunities through IUHS and the Indus Kay Sitaray hospital-based school, ensuring both future medical professionals and pediatric patients continue their education despite health challenges.

- Indus University of Health Sciences (IUHS) producing highly skilled healthcare professionals
- Hospital-based schools like Indus Kay Sitaray ensuring pediatric patients continue their education



2,800

IUHS graduates to date



250+

pediatric patients graduated from hospital school





SDG 5

Gender Equality

IHHN champions gender equality by empowering women in healthcare, fostering leadership roles, and addressing critical maternal and reproductive health challenges. Programs such as vocational training for flood-affected women further support gender inclusivity.

- Empowering women in healthcare leadership
- Specialized maternal and reproductive healthcare programs



230

flood-affected women provided vocational training (in partnership with UNFPA)





SDG 9

Industry, Innovation and Infrastructure

IHHN is spearheading major infrastructure projects, including the Korangi Campus Expansion, which will be the largest charitable hospital in Pakistan, providing cutting-edge medical services to millions.



49.8 billion PKR
project cost



1.8 million
patients to be
treated annually



SDG 10

Reduced Inequalities

IHHN ensures healthcare access for marginalized populations, including refugees and disaster-affected communities. Public-private partnerships have allowed management of hundreds of healthcare facilities nationwide



1.2 million people
benefitted from
Emergency response to
2022 floods





SDG 13 Climate Action

IHHN actively works towards environmental sustainability through green initiatives, a paperless policy, and campaigns like the Fresh Air Project, aimed at reducing air pollution and tobacco use.

- Paperless hospital system
- No Plastic Policy reducing hospital waste
- Fresh Air 4 Life Project promoting air quality improvements



10,000+ signatures
collected for the ban on
novel tobacco products



SDG 17 Partnerships for the Goals

IHHN collaborates with public and private entities to maximize impact. Through Public-Private Partnerships (PPPs), IHHN manages public-sector hospitals and specialized medical units, ensuring widespread healthcare access.



**International
collaborations**
with donor organisations



Key Impact Numbers & Achievements

By aligning its initiatives with the Sustainable Development Goals (SDGs), IHHN is driving transformative change in Pakistan's healthcare sector. Through innovation, strategic partnerships, and an unwavering commitment to equitable healthcare, IHHN continues to break barriers, ensuring a healthier and more sustainable future for all.



15.5 million
outpatient cases
treated



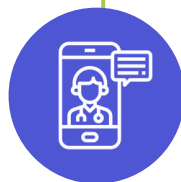
13.1 million
inpatient cases
treated



1.8 million
projected annual
patient treatments at
Korangi Campus



500,000+
annual patient
beneficiaries



100,000+
telehealth
beneficiaries

Success Story



Mushtaq Ahmed had been struggling with his lifestyle for many months, as he battled an infection in his lungs. What made things tougher was the lack of access to affordable healthcare in his small village in rural Sindh.

Mushtaq's livelihood depended on selling samosas he made by hand. With standing long hours and traveling long distances to sell his savouries, it became difficult to maintain his earnings. As the sole breadwinner, he was forced to sacrifice his health for survival, a heartbreaking reality shared by thousands.

That was until Indus Hospital & Health Network's (IHHN) Al-Ghazi Hospital and Community Engagement Center came into the picture. With their outreach programs and free-of-cost treatment, Mushtaq finally felt a sense of hope. **"I used to think that visiting a doctor was a luxury I couldn't afford," Mushtaq recalls. "But now, I can get treatment without worrying about the cost. It's a huge relief."**

Today, Mushtaq can breathe a little easier, thanks to the care he received, and can support his family with confidence.

Collaborations & Global Partnerships



Acknowledgments & Gratitude



We extend our heartfelt appreciation to our donors, partners, and supporters who make IHHN's mission possible. Your contributions are transforming lives and building a healthier, more equitable future.



Friends of Indus Hospital, Inc (FOIH) is a US-based 501(c)(3) registered charity.



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