



MAKING HEALTHCARE ACCESSIBLE TO DISTANT COMMUNITIES ACROSS **PAKISTAN!**



Assalam o Alaikum Wa'rahmatullah

I hope and pray you and your family are fine and well!

At FOIH, we were able to provide maximum support for the provision of quality healthcare – absolutely free of cost in Pakistan through Indus Hospital & Health Network.

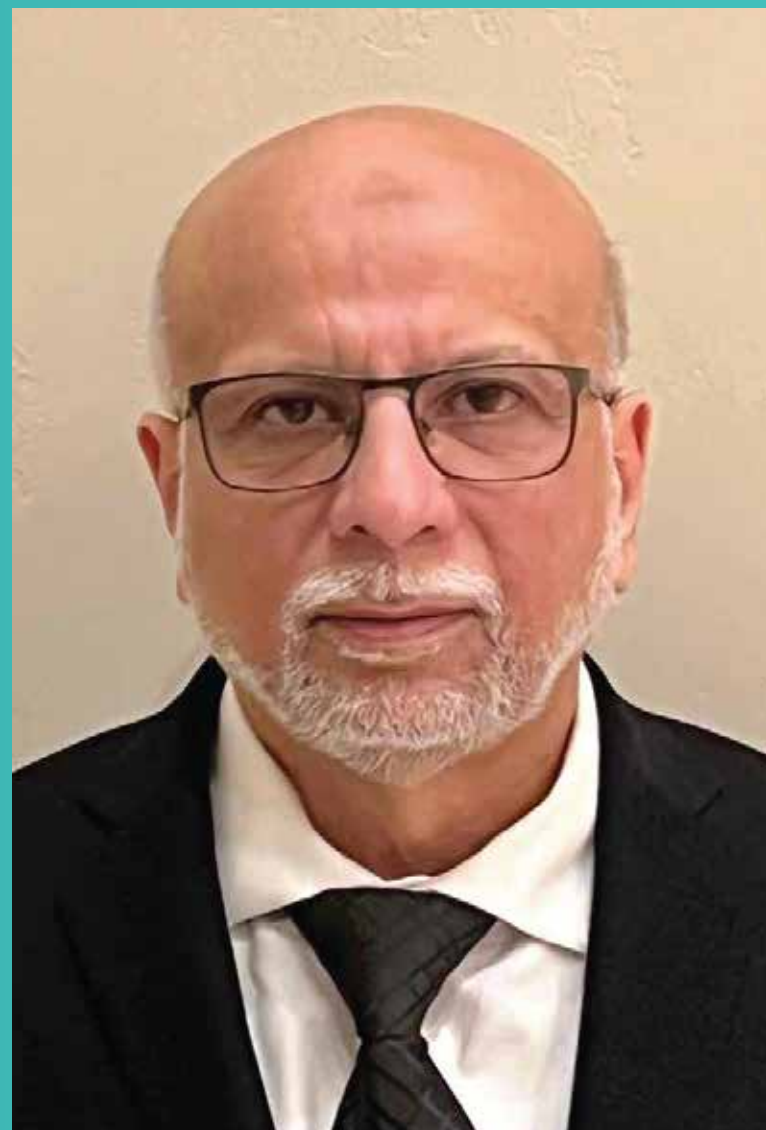
The monsoon season of 2022 brought with it the worst floods Pakistan had seen in a while, drowning over one-third of the country with it. However, Indus Hospital & Health Network was at the forefront of this national crisis and rolled out an emergency flood relief response by immediately reaching the flood-affected areas. We were able to mobilize medical camps, diagnostic labs, emergency treatments, free medicines, and immediate assistance to pregnant mothers using our mobile medical trucks, clinics on wheels, and our boat clinic. At FOIH, we went into high gear and organized multiple fundraisers in various cities in the United States to collect funds for these life-saving emergency relief efforts.

With the Indus Hospital's expansion project in Karachi, the need for funding is even greater. We are working tirelessly to increase our collections and support for Indus Hospital & Health Network. But we need your help to achieve this. If you wish to organize a fundraiser in your state or city, you can contact us for further information. You can also check with your employer for their Matching Donation Program.

Give your Zakat to Indus Hospital & Health Network, as more than 70% of the patients coming in are Zakat-eligible.

Lastly, I pray to the Almighty that He accepts your Ibadah, Zakat, and Sadaqat, and grants you and your loved ones with health and contentment in this life, and success in the hereafter. Ameen.

Thank you and JazakAllah Khair.



With Best Wishes & Warm Regards,

*Mohammad Hanif, MD.
President, FOIH*

IHHN'S UPDATES

LEADERSHIP UPDATE



DR. ABDUL BARI KHAN
APPOINTED INDUS HOSPITAL & HEALTH NETWORK'S
FOUNDING PRESIDENT



DR. ZAFAR ZAIDI
APPOINTED INDUS HOSPITAL & HEALTH NETWORK'S
CEO



KARACHI EXPANSION

PHASE I MILESTONES ACHIEVED



**BLOOD CENTER OPERATIONALIZED
IN DEC 2022**

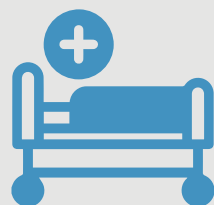


**100% GREY STRUCTURE OF HB 1,
HB 2 & IUHS COMPLETED**



**600 BEDS TO BE OPERATIONALIZED
IN DEC 2023**

\$30 MILLION
MOBILIZED IN 2023 THROUGH
INTERNATIONAL SUPPORT FOR
INFRASTRUCTURE & LOGISTICS



STATE OF THE ART
1350
BED FACILITY



MULTIDISCIPLINARY
**TERTIARY
LEVEL**
HEALTHCARE SERVICES



TOTAL PLOT AREA
3.52
MILLION SQ.FT



LAHORE EXPANSION

Indus Hospital & Health Network – QF, NST & SMP Campus, in Lahore, Punjab, is a multi-disciplinary tertiary level healthcare hospital.

PHASE I MILESTONES ACHIEVED



119,900
PATIENTS TREATED
TILL OCT 2022



150 BEDS
OPERATIONAL



300 BEDS
TO BE OPERATIONAL
BY DEC 2023



600 BEDS
TO BE OPERATIONAL
BY DEC 2025

1MILLION
PATIENTS TO BENEFIT ANNUALLY

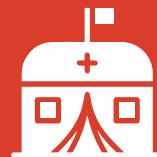


FLOOD RELIEF ACTIVITIES

IHHN stepped in to aid the flood affectees by setting up Emergency Medical Relief Camps to dispense urgent medical care across 35 districts in Pakistan!



575,000+
PATIENTS BENEFITED



2,500+
MEDICAL RELIEF CAMPS



81,200+
LAB TESTS CONDUCTED



12,400+
MENTAL HEALTH PARTICIPANTS





INDUS HOSPITAL & HEALTH NETWORK

Indus Hospital & Health Network (IHHN) is an integrated network of primary, secondary and tertiary healthcare services, that provides absolutely free-of-cost and quality treatment to millions of Pakistanis.

IHHN's vision is to change the paradigm of healthcare delivery in Pakistan by expanding its network and facilities to make quality healthcare accessible to the most vulnerable and distant communities across Pakistan.

**6 MILLION
PATIENTS TREATED
EACH YEAR!**

INDUS HOSPITAL & HEALTH NETWORK'S FOOTPRINT



15

HOSPITALS



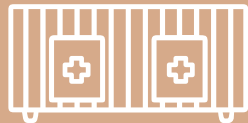
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**REGIONAL
BLOOD CENTERS**



04

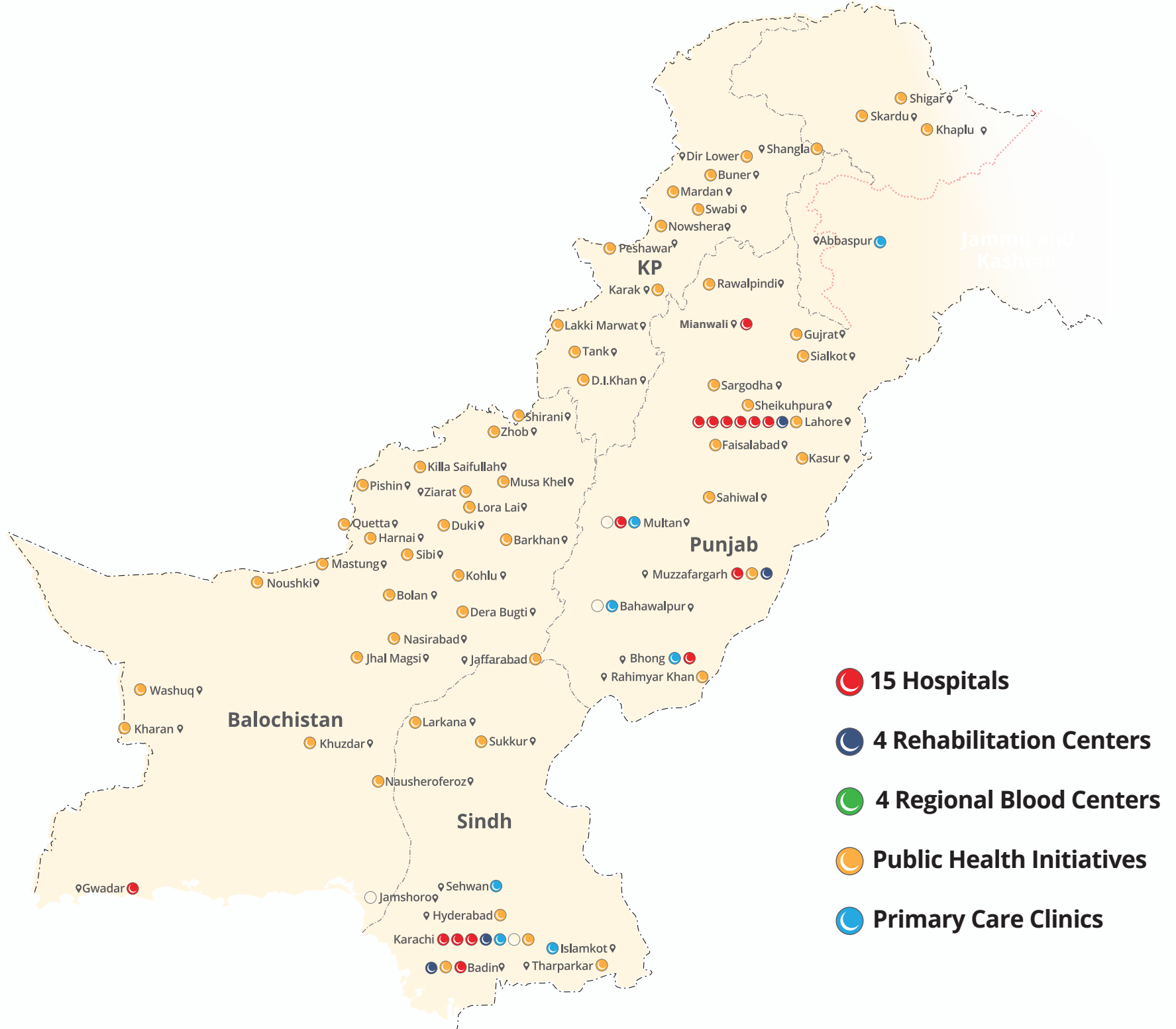
**PHYSICAL
REHABILITATION
CENTERS**



**PRIMARY HEALTH
CLINICS**



**NUMEROUS HEALTH
OUTREACH PROGRAMS**



5 KEY INITIATIVES



CHILDHOOD CANCER



PRIMARY CARE PROGRAM



PHYSICAL REHABILITATION CENTERS



MATERNAL HEALTH



REGIONAL BLOOD CENTERS



CHILDHOOD CANCER

IHHN has one of the largest Pediatric Oncology Units in the country. It provides comprehensive Cancer care, in accordance with international standard protocols. It focuses on strong psychosocial support for patients and families.

12,000+

Children treated for
Cancer & Blood
Diseases

**till date*



Ahsan (right) and Ali (left) are both fighting cancer. The disease is unrelenting but their unwavering friendship and support of one another is helping them beat the illness one day at a time.

Aisha (right) & Suniya (left) are best friends. Since Aisha was diagnosed with cancer, Suniya has not left her side. Today as Aisha nears the end of her treatment both friends can rejoice about what the future holds.





PRIMARY CARE PROGRAM

The Primary Care Program (PCP) was initiated to address the growing need for making free-of-cost and high quality care accessible to all.

1,975,023

Total Number of Patient Visits

**From Jan - Dec 2022*



The Primary Care Program aspires towards community empowerment and human welfare. A healthy family is the key to a prosperous future.

The Primary Care Program focuses on Maternal and Child Health. It has enabled women like Sakina and her entire community to have access to quality healthcare free-of-cost.



A man in a blue lab coat and green surgical mask is working on a prosthetic limb in a workshop. He is using a tool to adjust the limb, which is mounted on a stand. In the background, there is a white wall with a piece of paper hanging on it and a yellow electrical control panel with a red button and a green button.

PHYSICAL REHABILITATION

IHHN's Rehabilitation Centers are the only facilities in Pakistan that provide free-of-charge prosthetic limbs, physiotherapy services, mobility aids, and orthotic devices to help the disabled lead normal lives.

21,600+

Devices Administrated

**till date*



Ibrahim lost his leg in a freak accident at the tender age of 9. Now, with the help of a prosthetic leg, Ibrahim has a new lease on life.

Rashid suffered a paralysis attack at 47 years of age. He exercises on the Functional Electrical Stimulation Bike to improve his sensory functions and range of motion. Rashid's mobility is improving day by day.





MATERNAL HEALTH

Maternal and Neonatal Health is a serious issue in Pakistan. 186 out of 100,000 mothers die during childbirth. IHNN, through its Maternal and Neonatal Program is striving to decrease these numbers.

30,126

Total Deliveries

**From Jan - Dec 2022*



IHHN has established a Midwifery Program in areas with limited access to medical facilities. Baby Maha was delivered by a midwife trained under the program.

The Midwifery Program focuses on training midwives to understand the delivery process and specific measures to be taken in case of complications.





REGIONAL BLOOD CENTERS

IHHN through its multiple Regional Blood Centers is striving towards voluntary blood collections, extensive screening, proper storage and timely dissemination of safe blood required for patients in need.

458,766

Patients Benefited

**till date*



IHHN is mobilizing the nation towards 100% voluntary blood donations to provide safe blood to the general populace without any discrimination.

IHHN runs active blood donation drives where people from all walks of life are encouraged to donate blood voluntarily.





