



Friends of
INDUS HOSPITAL
QUALITY CARE - FREE OF COST

**CHANGING
THE PARADIGM
OF HEALTHCARE
DELIVERY IN PAKISTAN**

INDUS HOSPITAL & HEALTH NETWORK

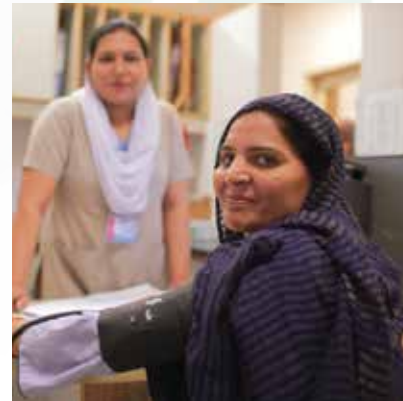
COMPASSION. EXCELLENCE. INTEGRITY

Indus Hospital & Health Network (IHHN) provides quality healthcare absolutely free of cost to millions of deserving patients since 2007 through its countrywide network of hospitals and health facilities in Pakistan.

Starting with only one hospital in Karachi, IHHN is now managing multiple Tertiary & Secondary Care Hospitals, Physical Rehabilitation Centers, Regional Blood Centers, Container-Based Community Health Centers, and Public Health Initiatives spread across Pakistan.

IHHN's vision is to create an excellence-driven, comprehensive, compassionate, free of charge, replicable healthcare system accessible to all.

To achieve its vision, IHHN is partnering with individuals, corporates, international donor agencies, educational institutions, and provincial & federal governments of Pakistan.



OUR REACH

10
HOSPITALS

4
REGIONAL
BLOOD CENTERS

4
PHYSICAL
REHABILITATION CENTERS

**PRIMARY CARE PROGRAMS &
PUBLIC HEALTH INITIATIVES
ACROSS PAKISTAN**



KEY:

10 Hospitals

4 Rehabilitation Centers

4 Regional Blood Centers

Public Health Initiative Sites

Primary Care Clinics

OUR IMPACT

MORE THAN
16,000
ANGIOGRAPHIES &
ANGIOPLASTIES PERFORMED

MORE THAN 
633,000
BLOOD DONATIONS
RECEIVED FROM
VOLUNTARY DONORS

MORE THAN
6 M
PATIENTS BENEFIT
PER YEAR


MORE THAN
20,000
PATIENTS RECEIVED
PROSTHETIC/ORTHOTIC DEVICES

MORE THAN
1 M
LIVES IMPACTED THROUGH
PUBLIC HEALTH INTERVENTIONS

MORE THAN
113,000
INDIVIDUALS SCREENED
FOR DEPRESSION & ANXIETY

MORE THAN
12,000 
CHILDREN TREATED
FOR CANCER & BLOOD DISEASES

Excellence-driven | Compassionate | Comprehensive | Accessible

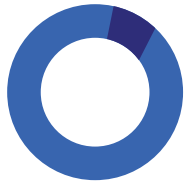
HEALTHCARE CRISIS IN PAKISTAN



36.4%

Population is below the Poverty Line*

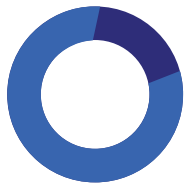
Pakistan is the 5th most populous country in the world with more than 220 million people residing in it. Despite these numbers, only 3% of the total GDP is spent on improving the health sector.



3%

GDP spent on improving the Health Sector

Pakistan not only faces a limited provision of health facilities but various structural issues within it. For example, only 0.6 beds are available per 1,000 people, with only 11.6 doctors for 10,000 people. Therefore, IHHN has stepped up to improve the healthcare delivery system throughout Pakistan.

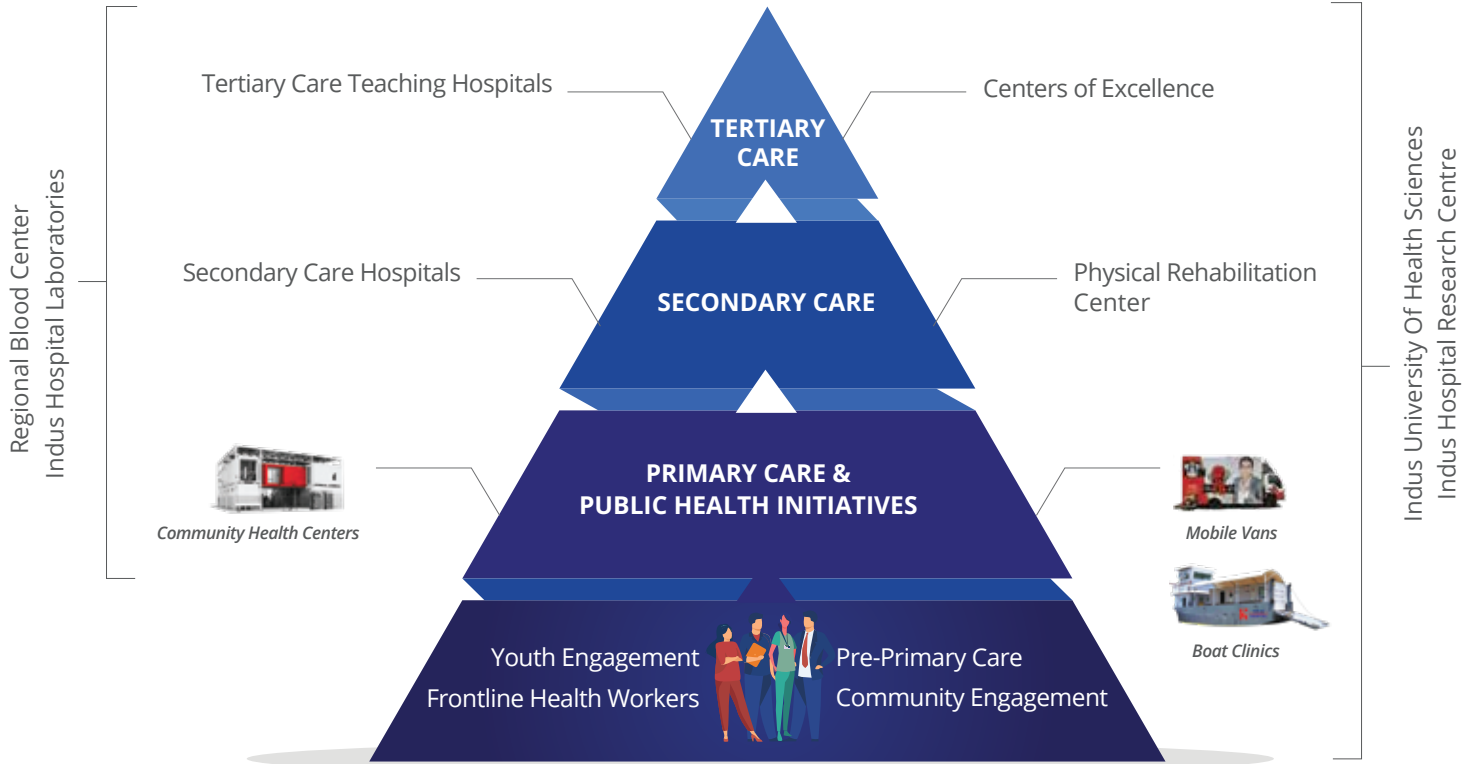


5.7%

Infant Mortality Rate



IHHN'S INTERVENTION



GLOBAL HEALTH PROGRAM

MATERNAL & CHILD HEALTH



Nutrition



Family
Planning



Childhood
Immunizations



Antenatal
Care



Midwifery



IMNCI



Lactation
Management



Childhood
Pneumonia

NON-COMMUNICABLE DISEASES



Eye Care



Mental Health



COPD



Heart Disease



Diabetes Care



Tobacco Cessation

Not-for-profit | Ethical | Humanitarian | Responsible | Passionate

INFECTIOUS DISEASES



TB



Malaria



HCV



HIV

NEGLECTED TROPICAL DISEASES



Deworming



Rabies



Snake Bite

GLOBAL SURGERY



Safe Surgery



Clubfoot



Circumcision

WASH



Water



Sanitation



Hygiene

Non-political | Paperless | Indiscriminate | Cashless | Transparent

OUR STORIES

SURVIVING CANCER

“After being turned down by several hospitals, Aisha and her parents arrived at The Indus Hospital (TIH), Korangi Campus in Karachi after their daughter was diagnosed with blood cancer.

Aisha's story was unique. When she was diagnosed with the disease, she was 17 years old — making her ineligible for treatment at a private cancer hospital in Lahore — while at TIH, she was overage for the cancer program. “We were depressed to hear the news and had lost all hope to see our daughter alive. But then a miracle happened, and the consulting physician said they would take her in for treatment,” said Aisha's mother. Aisha's treatment had its ups and downs



– sometimes she would be happy while other days depressed. But the doctors kept our hopes high.”

After a year long treatment, Aisha was moved to the maintenance stage and returned home. Now 19, she has resumed her studies and wants to become a software engineer. Her parents are thankful to the staff of TIH, who helped them in these difficult times.

SAVING LIVES THROUGH HEALING & HOPE

"It was tough. I was depressed after I lost my first baby during a full-term pregnancy. I was angry at myself and angrier at the doctors for not doing enough. Why didn't they diagnose my gestational diabetes in time? Why didn't we opt for a better hospital? These questions kept on haunting me.

I got pregnant again, but this time I was scared, and I didn't want to lose another baby. As much as I hoped for a better outcome, fate had other plans. I developed complications again and was rushed to The Indus Hospital in Muzaffargarh.

I believe I was fortunate enough to land here, as the staff did everything in their power to

save my baby and me. I remember walking in the hospital with a feeling of terror that soon transformed into a sense of comfort.

The level of care and consideration provided to me was unconditional. With the blessings of the Almighty, I safely delivered a healthy baby boy. A thank you wouldn't suffice, but that's all I can say right now," Saba, a resident from Muzaffargarh, Punjab.



SPONSOR A PATIENT

ZAKAT APPLICABLE

\$20

- ▶ PATIENT'S VISIT
WITH DIAGNOSTICS

\$200

- ▶ CHILD BIRTH
(C-SECTION)

\$3,000

- ▶ BYPASS
HEART SURGERY

\$50

- ▶ DIALYSIS SESSION

\$1,000

- ▶ ARTIFICIAL LIMB

\$3,500

- ▶ ORTHOPEDIC
IMPLANT(KNEE/HIP)

\$100

- ▶ CHILD BIRTH
(NORMAL DELIVERY)

\$1,500

- ▶ ANGIOPLASTY

\$5,000

- ▶ CANCER TREATMENT
FOR A CHILD



DONATION PLEDGE FORM

Date

Every contribution you make goes towards treating some of the most deserving patients from all across Pakistan and enabling them to live a healthy life.

Friends of Indus Hospital, Inc is a 501(c)(3) tax exempt charitable organization established to support the Indus Health Network (IHN). The IHN aims to make free quality healthcare a reality for every Pakistani. We would like to keep you informed about our work and how you can support us by post, email and phone. We will not share your details with other charities and look after your data as set out in our privacy policy at www.foihus.org

► PERSONAL INFORMATION

Title		Full Name	
Address			
		Post Code	
Phone		E-mail	

Communication preference (for donation receipt, report and appeal etc.)

☐ Post ☐ Email ☐ Phone ☐ SMS

► MY DONATION / PLEDGE

Project(s)			
Amount	\$	☐ Zakat	☐ Sadqah
		☐ Sadqah Jariyah	☐ Donation
Payment Method	☐ Cash ☐ Cheque ☐ Card ☐ In-kind ☐ Multiple		

► CREDIT CARD NUMBER

Exp. Date

CCV Code

Issue No. (if any)

► OTHER WAYS TO GIVE

You can donate Zakat and general donations to Indus Hospital through Friends of Indus Hospital.

- ☐ Donate Via Zelle/Quick Pay:
- ☐ Paypal: **Friends of Indus Hospital**
- ☐ Donate via Venmo: Tel: 201-681-4930-@Foihus
- ☐ Donation Matching Program
- ☐ Cheque:
Payable to "FOIH or Friends of Indus Hospital "
mailed to the following address:
155 cedar Lane, Teaneck, NJ-07666



SCAN CODE TO DONATE ONLINE
www.foihus.org/donation

FOR OFFICE USE ONLY

Volunteer/Staff Name

Checked by

Payment Reference

Reciept

Follow up

Closed

Note: All information provided on this form will remain confidential as set out in our privacy policy at www.foihus.org





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155 Cedar Lane, Teaneck, NJ 07666

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