



FOIH US - SEATTLE CHAPTER

MAKING HEALTHCARE ACCESSIBLE TO ALL



INDUS HOSPITAL & HEALTH NETWORK

Indus Hospital & Health Network (IHHN) is an integrated network of primary, secondary and tertiary care services, that provides absolutely free-of-cost quality healthcare services to over **6 Million** patients in Pakistan, every year.

IHHN is now managing 15 Hospitals, 4 Physical Rehabilitation Centers, 4 Regional Blood Centers, 36 Primary Care Sites and multiple Public Health Initiatives across Pakistan.

IHHN's vision is to change the paradigm of healthcare delivery in Pakistan by expanding its network and facilities further to make quality healthcare accessible to all, irrespective of age, gender, class or creed.



PRIMARY CARE PROGRAM

For every 1,000 people in Pakistan, there is only 1 doctor. This means millions of Pakistanis go untreated because of the lack of medical facilities in the country.

To serve humanity and save as many precious lives as possible, Indus Hospital & Health Network initiated its Primary Care Program (PCP) in 2017.

PCP addresses the growing need for quality care in Pakistan and aims to empower communities by improving access to free-of-cost healthcare. To ensure timely treatment in the vulnerable areas of Pakistan, PCP introduced Container-based Community Health Centers.

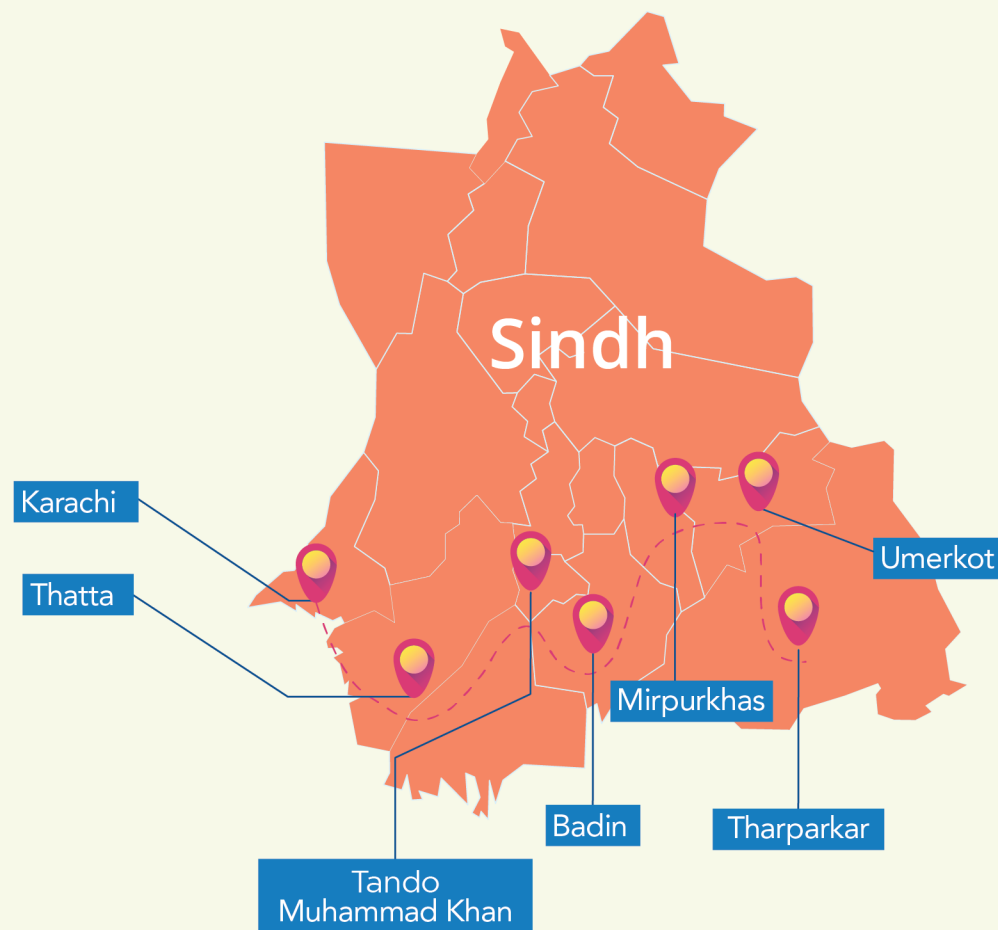


SEATTLE COMMUNITY HEALTH CENTER SHADI LARGE

The generosity of our donors in Seattle Chapter USA enabled Indus Hospital & Health Network (IHHN) to set up a Container-based Community Health Center in Shadi Large, one of the most underprivileged areas of Sindh, Pakistan.

The clinic was inaugurated in May, 2020 and since then has benefited the community immensely by providing primary care facilities including Family Medicine, Lab Collection Points, Pharmacy and a Procedure Room.

This initiative has allowed the residents of Shadi Large to not only access basic healthcare, but also transform their outlook on health and hygiene through various Community Engagement Activities. Mental Health Counseling Services are also provided in the community health center.



IHHN'S COMMUNITY HEALTH CENTERS IN SINDH CATER TO THE HEALTHCARE NEEDS OF

2.8 MILLION PEOPLE ACROSS
THE PROVINCE

CURRENT SCOPE AT SHADI LARGE



TOTAL PATIENTS SEEN

60,109

May 2020 - Dec 2022

IN 2022

22,230

Total Patients
Seen

13,701

Community
Engagement Center

9,485

Mental
Health Screenings

595

Telehealth
Sessions



Total Population
10,000



General Occupation
Farmers/Labourers

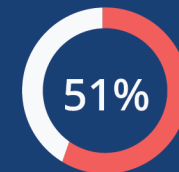


Avg. Income
USD 1.7 Per Day

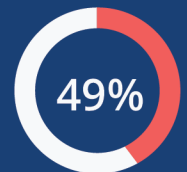


Avg. Age 10 - 40

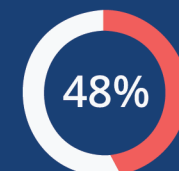
Patients breakdown:



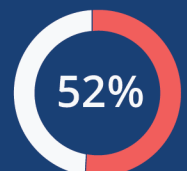
Adults



Paeds



Males



Females



Expanded Program
on Immunization



Mental Health



Antenatal Care

SUCCESS STORY

After a community session, Raheem Daad came up to our community health worker to tell him that he has very severe pain in his joints that has kept him from being able to go to work. Since he was a daily wager, this was putting massive strain on his finances and his family was struggling to make ends meet. The doctor at the Shadi Large Clinic administered some blood tests, and it turned out that Raheem Daad had a severe deficiency of Vitamin D and that is what caused his joints to ache.

The community health worker counseled him and told him about all the fruits and vegetables he should have that are affordable and will not be expensive to buy. He was also prescribed medicine and supplements. Within 3 weeks, Raheem Daad was feeling much better and went back to work. He continues to take his supplements and his wife makes sure he gets his daily intake of fruits after breakfast.

Raheem Daad is extremely happy and very content with his treatment at the container clinic and gives his prayers to the donors of Indus Hospital & Health Network.





FOR MORE INFORMATION:

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